


Concert pitch


Grand Circle Dance

Old Joe Clark

F B \flat F F C F F B \flat F F C F



F F F C F F F C F



Brand X

C C C G G G G C



C G C G G G G G C



Roaring Jelley

C C G F C Dm G C



C G F G C C



G C G C F C G C



Form a large Circle around the room with Ladies on Gents' right

A1 Holding hands. all into the circle and out again. Repeat

A2 1-4 Ladies into the circle, clap and return

5-8 Gents into the circle, clap and return

(If progressive, Gents should return to their
CONTRARY i.e the lady who was on their left side)

B1 Everyone swing partner (or new partner if progressive)

B2 Everyone promenade around the set anti-clockwise.

Concert pitch

Lucky Seven

Goodbye Girls

Musical notation for 'Goodbye Girls' in 2/4 time, key of B-flat major. The piece consists of two staves of music. The first staff has a key signature of one flat and a time signature of 2/4. The second staff continues the melody. Chords are indicated above the notes: F, Gm, C, F, F, Gm, C, F on the first staff; F, F, Eb, Eb, F, F, Cm, F on the second staff.

Rogues March (Jig)

Musical notation for 'Rogues March (Jig)' in 6/8 time, key of B-flat major. The piece consists of three staves of music. The first staff has a key signature of one flat and a time signature of 6/8. The second and third staves continue the melody. Chords are indicated above the notes: F, Bb, F, F, F, Bb, F, C, F on the first staff; F, Am, Bb, C, F, Am, Bb, C, F, Bb, F, C, F on the second staff; F, Bb, C, F, Bb, C, F, Bb, F, C, F on the third staff.

Swallow Tail

Musical notation for 'Swallow Tail' in 6/8 time, key of B-flat major. The piece consists of three staves of music. The first staff has a key signature of one flat and a time signature of 6/8. The second and third staves continue the melody. Chords are indicated above the notes: Dm, Dm, C, C, Dm on the first staff; Dm, C, Dm, A, Dm on the second staff; A, Dm, C, A, Dm, C, Dm on the third staff.

Large circle of couples round the room, ladies on gents right

A1 Into the circle and out again. Repeat.

A2 Gents do-si do person on their left
Ladies do-si do person on their right i.e. not their partner
Repeat with partners

B Grand chain. FACE YOUR PARTNER
Counting partner as No 1 give them your right hand
next person your left, 3rd your right etc
Finally, swing the seventh person you meet - this is
your new partner

Form a circle once again at the end of the tune.

Hint :- Ladies are dancing clockwise and Gents anti-clockwise

Concert pitch

Nottingham Square

Glenbeigh Hornpipe

Musical notation for Glenbeigh Hornpipe, 3/4 time signature. The piece is written in treble clef and features various chords (C, F, Gm) and triplets. The notation is spread across three staves.

Click go the shears

Musical notation for Click go the shears, 4/4 time signature. The piece is written in treble clef and features various chords (C, F, G). The notation is spread across three staves.

Londonderry Hornpipe

Musical notation for Londonderry Hornpipe, 3/4 time signature. The piece is written in treble clef and features various chords (C, F, G) and triplets. The notation is spread across four staves.

Progressive longways set i.e. couple facing couple on a long set with ladies on one side and gents on the other. 'A' and 'B' couples. Step-hopping.

- A 1-4 'A' gent swing 'B' lady by right elbow
- A 5-8 'A' lady swing 'B' gent by right elbow
- B 1-4 'A' couple lead down set and back with a one, two three, hop, schottische step
- B 5-8 Couples all swing past to meet new couples

Couples at the end miss a turn and go back in the opposite direction.

Pat-a-cake Polka

Little Brown Jug

Musical notation for 'Little Brown Jug' in 2/4 time. The melody is written on a treble clef staff. The key signature has one sharp (F#). The notes are: C4, D4, E4, F4, G4, A4, B4, C5, G4, F4, E4, D4, C4, B3, A3, G3, F3, E3, D3, C3. Chords are indicated above the staff: C, F, G, C, C, F, G, C.

Nick Nack Paddy Wack

Musical notation for 'Nick Nack Paddy Wack' in 2/4 time. The melody is written on a treble clef staff. The key signature has one flat (Bb). The notes are: F3, G3, A3, Bb3, C4, D4, E4, F4, G4, A4, Bb4, C5, Bb4, A4, G4, F4, E4, D4, C4. Chords are indicated above the staff: F, F, Bb, C, F, F, C, F.

Buffalo Gals?

Musical notation for 'Buffalo Gals?' in 4/4 time. The melody is written on a treble clef staff. The key signature has one flat (Bb). The notes are: F3, G3, A3, Bb3, C4, D4, E4, F4, G4, A4, Bb4, C5, Bb4, A4, G4, F4, E4, D4, C4. Chords are indicated above the staff: F, F, C, F, F, F, C, F. The second line of notation has chords: Bb, F, C, F, Bb, F, C, F.

Heel and Toe Polka

Musical notation for 'Heel and Toe Polka' in 2/4 time. The melody is written on a treble clef staff. The key signature has one flat (Bb). The notes are: F3, G3, A3, Bb3, C4, D4, E4, F4, G4, A4, Bb4, C5, Bb4, A4, G4, F4, E4, D4, C4. Chords are indicated above the staff: F, F, F, C, C, C, C, F, F. The second line of notation has chords: F, F, F, Bb, C, F, C, and a first ending (1. F) and second ending (2. F).

Couple behind couple in a large circle round the room. Ballroom hold.

- A 1-4 With a little bounce, heel, toe, heel toe using leading foot (gents left, ladies right) then four sliding steps anticlockwise (chasse steps)
- A 5-8 Repeat with other foot in the other direction
- A 9-12 Drop hands, then
 - 3 quick clap with partner - right hands together
 - Left hands together
 - 2 hands together
 - round the back i.e. ladies round gents heads, gents round ladies waist
- A 13-16 four bars dancing round - polka round on the spot if able to

If progressive then only three bars of polka and ladies move on in 4th bar
Start slowly and speed up gradually.

Concert pitch

Cumberland Reel

The musical score for Cumberland Reel is presented in three systems, each with three staves. The first system is in C major (one sharp) and 6/8 time. The second system is in F major (two sharps) and 6/8 time. The third system is also in F major and 6/8 time. Chords are indicated above the notes: C, F, C, G, C, F, C, G, C in the first system; C, C, C, G, Am, Am, D, G in the second; and C, F, C, F, G, G, G, C in the third.

Longways set of four couples

A1 1st and 2nd couples only - RH and back with a LH

A2 1st couple gallop down to the bottom of the set
(take two hands to do this) and then back again

B 1st couple cast out to their own sides and everyone follows

1st couple arch at the bottom and everyone goes thru with their partner

Couples then cast round to the gents side (left) and back up the
middle to start the dance again

Concert pitch

Strip the Willow

Paddy McGinty's Goat

Musical notation for 'Paddy McGinty's Goat' in 2/4 time, key of Bb. The piece consists of four staves of music. Chords are indicated above the notes: F, F, C, C, Bb, F, F, C, F, C, Bb, F, C, F, C, F.

The Old Grey Cat

Musical notation for 'The Old Grey Cat' in 6/8 time, key of Bb. The piece consists of four staves of music. Chords are indicated above the notes: Dm, Dm, C, C, Dm, Dm, Am, Dm, Dm, Dm, C, C, Dm, Gm, A, Dm, A, Dm.

Longways sets of 4, 5 or 6 couples. Sets of five couples are preferable.

This dance is not usually called, only walked through first.

- 1st couple RH turn 1 1/2 times (more in Scotland!)

1st lady give LH to 2nd gent and LH turn with him to face partner again. RH turn partner and then continue down the line alternately giving LH to gents in the line and RH to partner. This figure is known as a 'single strip'.

- 1st gent now 'strips' back up the set in the same fashion, LH to ladies in the line RH to partner
- Both partners strip back down the line simultaneously (a double strip), meeting in the middle for the RH turn. When they are clear, the second couple can start as the new 1st couple.

Ninepins

Ninepins (Reel)

Chord markings for 'Ninepins (Reel)': F, B \flat , C, F, B \flat , C, F, F, B \flat , C, F.

Rakes of Mallow

Chord markings for 'Rakes of Mallow': F, C, F, C, F, F, C, F, F, C, F.

Square Sets, couples designated head couples and side couples.
A fifth gentleman stands in the middle of the set.

A1 Head couples gallop across the set and back again.
The 'ninepin' in the middle tries to avoid them.

A2 Repeat with side couples.

B 1&2 'Ninepin' swings each lady in turn while her partner moves
into the centre of the set until all four gents are standing in the middle

A1 etc All five gents circle left until the caller signals the band to stop.
Gents all try to grab a partner. The one who is unsuccessful
becomes the ninepin next time through

Concert pitch

Cumberland Square Eight

C C G C F G C

C G C C F G C G C G G C

La Russe F B \flat C F C F

C G C C G C

Big Corral

G D G G D G

G D G G D G

Square sets of four couples. Top and side couples.

A1 Top couples galop across set and back

A2 Sides repeat

B1 Top couples RH* and LH*

B2 Sides repeat

A1 Top couples basket

A2 Sides repeat

B1 All circle left

B2 All promenade partners back to place anti-clockwise

Can be varied with sides starting.

Concert pitch

Blaydon Races

Blaydon Races

Musical notation for the first piece, 'Blaydon Races', in 6/8 time. It consists of four staves of music. The key signature has one flat (Bb). The notes are: Staff 1: F, C, F, Bb, F, Gm, C; Staff 2: F, C, F, Bb, F, C, F; Staff 3: F, C, F, Bb, F, Gm, C; Staff 4: F, C, F, Bb, F, C, F.

When Johnny Comes Marching Home

Musical notation for the second piece, 'When Johnny Comes Marching Home', in 6/8 time. It consists of two staves of music. The key signature has two flats (Bb, Eb). The notes are: Staff 1: Gm, Bb, Gm, D; Staff 2: Gm, D, Gm, D, Gm, D, Gm, C, Gm, D, Gm.

Hundred Pipers

Musical notation for the third piece, 'Hundred Pipers', in 6/8 time. It consists of two staves of music. The key signature has one sharp (F#). The notes are: Staff 1: G, C, G, D, G, C, G, D, G; Staff 2: G, C, G, D, G, C, G, D, G.

Off She Goes

Musical notation for the fourth piece, 'Off She Goes', in 6/8 time. It consists of two staves of music. The key signature has no sharps or flats. The notes are: Staff 1: C, F, G, C, C, F, C, G, C, F, G, C, C, F, G, C; Staff 2: C, F, G, C, G, C, F, G, C, F, G, C.

Large circle round the room. Gents with ladies on their right.

A1 1-4 Everyone four steps in, four steps out or galop in and out

5-8 Repeat

A2 1-4 Partner in ballroom hold. Two chassee steps into circle and two out, or galop in and out

5-8 Four polka steps round circle with partner

B1 1-4 Promenade anti-clockwise

5-8 To make dance progressive, gents pass on to lady in front

B2 1-4 Balance twice - on to left foot, swing right over, onto right foot, swing left over. Repeat

5-8 Swing partner